

DIGITAL PROGRAMME



ALAFIA
AfroCuban
DANCE FESTIVAL

11TH - 13TH JULY 2025

ALAFIA

2025

WE ARE BACK WITH
MORE FOR THE 2ND
YEAR OF THE FESTIVAL

All levels welcome, beginners to advanced.



Biggest Afro-Cuban Dance Festival in UK is back for the second year. This year's second edition promises to be even bigger and better, offering an unforgettable experience filled with vibrant performances, workshops, and cultural celebrations. **Get ready and join us** for a spectacular celebration of Afro-Cuban dance and culture!

This year we offer the possibility of connecting with another genuine and authentic environment of Afro-Cuban culture, following a super well-developed program that starts from body isolation and Yoruba dance technique, Arará, Abakuá, Brikamo, Makuta, Rumba, singing and the musicality of those various Afro-Cuban styles, until reaching Son, La Salsa and Timba.

Alafia gives you the opportunity to learn/improve your knowledge about the richness of these different genres and styles of dance by immersing yourself in three days of twenty-one hours of training.

BOOKING AND PRICES

FULL FESTIVAL TICKET (booking options)

EARLYBIRD FESTIVAL TICKET (3-DAY) price: **£275**

PLEASE NOTE: This offer expires on **February 5, 2025**

AFTER the **February 5, 2025** total price: **£300**

INDIVIDUAL DAY TICKETS (booking options)

1-Day Pass = £120

2-Day Pass = £220

DAY 1 FRIDAY 09:30am: Welcome pack to the participants / registration

ALL LEVELS 10:00am - 10:50am	ALL LEVELS 11:00am - 12:00am		INTERMEDIATE/ ADVANCED 01:00pm - 02:00pm	INTERMEDIATE/ ADVANCED 02:15pm - 03:15pm	MEN ONLY 03:30pm - 04:30pm	INTERMEDIATE/ ADVANCED 04:45pm - 05:45pm	INTERMEDIATE/ ADVANCED 05:45pm - 06:45pm
HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC CANTOS AFROCUBANOS and MUSICALITY	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Yoruba Dance Technique: coordination of the Chest, Bounce & Arm movements	B R E A K	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Orishas Dance Class Elegguá	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Arará Dance Class Eshu - Afrá	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Abakuá ALL LEVELS	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Rumba Yambú	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> NO LIVE MUSIC Rumba & Salsa Mix
BEGINNERS LEVEL	BEGINNERS LEVEL		BEGINNERS LEVEL	BEGINNERS LEVEL	WOMEN ONLY	BEGINNERS LEVEL	BEGINNERS LEVEL
HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC CANTOS AFROCUBANOS and MUSICALITY	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Yoruba Dance Technique: coordination of the Chest, Bounce & Arm movements	B R E A K	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Orishas Dance Class Elegguá	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Arará Dance Class Eshu - Afrá	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Brikamo ALL LEVELS	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Rumba Yambú	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> NO LIVE MUSIC Rumba & Salsa Mix

TH
11
JULY
FRIDAY

FRIDAY NIGHT PROGRAMME

Venue Address: STILL TBC

Time: 08:45 p.m. – 12:45 am

Presentation of the Artists

Artists Shows - PART 1

DJ

Raffle with Awards / ROUND 1: ticket - £1

Social Party

Entrance: £25

PLEASE NOTE

NIGHT PROGRAMME MUST BE PURCHASED SEPERATELY.

DAY 2 SATURDAY

12TH
JULY
SATURDAY

ALL LEVELS 10:00am - 10:50am	ALL LEVELS 11:00am - 12:00am		INTERMEDIATE/ ADVANCED 01:00pm - 02:00pm	INTERMEDIATE/ ADVANCED 02:15pm - 03:15pm	INTERMEDIATE/ ADVANCED 03:30pm - 04:30pm	INTERMEDIATE/ ADVANCED 04:45pm - 05:45pm	INTERMEDIATE/ ADVANCED 05:45pm - 06:45pm
HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC CANTOS AFROCUBANOS and MUSICALITY	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Yoruba Dance Technique: coordination of the Chest, Bounce & Arm movements	B R E A K	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Orishas Dance Class Changó	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Arará Dance Class Gevioso - Changó -	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Bantú Dance Class Makuta	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Rumba Guaguancó	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> NO LIVE MUSIC Salsa-Timba Mix with Rumba & Orishas
BEGINNERS LEVEL	BEGINNERS LEVEL		BEGINNERS LEVEL	BEGINNERS LEVEL	BEGINNERS LEVEL	BEGINNERS LEVEL	BEGINNERS LEVEL
HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC CANTOS AFROCUBANOS and MUSICALITY	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Yoruba Dance Technique: coordination of the Chest, Bounce & Arm movements	B R E A K	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Orishas Dance Class Changó	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Arará Dance Class Gevioso - Changó -	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Bantú Dance Class Makuta	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Rumba Guaguancó	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> NO LIVE MUSIC Salsa-Timba Mix with Rumba & Orishas

SATURDAY NIGHT PROGRAMME

Venue Address: STILL TBC

Time: 09:00pm - 03:00am
Artists Shows, PART 2
Live Band
Open Rumba Competition
DJ
Raffle with Awards, ROUND 2: ticket price - £1
Social Party
Entrance: £25

PLEASE NOTE

**NIGHT PROGRAMME
MUST BE PURCHASED
SEPERATELY.**

DAY 3 SUNDAY Festival closing with open Salsa - Timba - Conga outside

13TH
JULY
SUNDAY

ALL LEVELS 10:00am - 10:50am	ALL LEVELS 11:00am - 12:00am		INTERMEDIATE/ ADVANCED 01:00pm - 02:00pm	INTERMEDIATE/ ADVANCED 02:15pm - 03:15pm	INTERMEDIATE/ ADVANCED 03:30pm - 04:30pm	INTERMEDIATE/ ADVANCED 04:45pm - 05:45pm	INTERMEDIATE/ ADVANCED 05:45pm - 06:45pm
HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC CANTOS AFROCUBANOS and MUSICALITY	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Yoruba Dance Technique: coordination of the Chest, Bounce & Arm movements	B R E A K	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Orishas Dance Class Yemayá	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Arará Dance class Afrekete - Yemayá -	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Haitian Dance Class Nagó	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Rumba Columbia	CAMAGÜEY ROOM <small>VENUE: WOOLWICH WORKS</small> NO LIVE MUSIC Salsa-Timba Mix with Rumba & Orishas
BEGINNERS LEVEL	BEGINNERS LEVEL		BEGINNERS LEVEL	BEGINNERS LEVEL	BEGINNERS LEVEL	BEGINNERS LEVEL	BEGINNERS LEVEL
HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC CANTOS AFROCUBANOS and MUSICALITY	HAVANA ROOM <small>VENUE: WOOLWICH WORKS</small> LIVE MUSIC Yoruba Dance Technique: coordination of the Chest, Bounce & Arm movements	B R E A K	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Orishas Dance Class Yemayá	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Arará Dance class Afrekete - Yemayá -	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Haitian Dance Class Nagó	VARADERO ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> LIVE MUSIC Rumba Columbia	MATANZAS ROOM <small>VENUE: ACOSTA DANCE CENTRE</small> NO LIVE MUSIC Salsa-Timba Mix with Rumba & Orishas

PLEASE KEEP IN MIND

- **ACCESSIBILITY** - In case you have any accessibility requirements please let us know as far in advance as possible so we can make relevant arrangements for you.
- **ALL PARTICIPANTS** - Please make sure to pay attention to the **VENUE** where your workshop will take place. The Alafia Festival will not be held in one location but will be spread across different **ROOMS** within various **VENUES**.
- **PARTICIPANTS AND FRIENDS** - Terms of Purchased Tickets will be different for ALAFIA 2025. Please be aware that participants will no longer have the **NIGHT PROGRAMME** Tickets included in the Festival Ticket and will have to be purchased separately.
- **TEMPORARY PROGRAMME** - Please be aware that parts are still TO BE CONFIRMED such as Specific Teachers, Musicians and Guest Artists, locations of the **NIGHT PROGRAMME** as well as Programme is subject to change. CONFIRMED Final Programme will be sent out to all participants 2-3 weeks prior to the beginning of the Festival.
- **VOLUNTEER INFO** - In case you wish to join the crew of organisers and help us with the logistics of the festival to make it go smoother for everyone? Please get in touch via email on submit your interest operations@acostadancecentre.com.



ALAFIA

- a Yoruba term.

Alafia is a phrase that signifies success and positive energy as well as inner serenity and wellness. When things are going well, we Afro-Cubans say ...

A L A F I A !